

# Memory Advice & Dementia Support Service Leicester City & Leicestershire

**Personalised support for people who are worried about their memory, people who have a diagnosis of dementia and those who support them.**

Support over the phone / face to face  
Memory cafes / Social groups  
Young onset dementia support  
Digital technology support

Benefits advice  
Planning ahead  
Carer learning  
Cognitive Stimulation Therapy



**0116 223 7363**



[dementia.support@ageukleics.org.uk](mailto:dementia.support@ageukleics.org.uk)

**weekdays between 08:30 - 17:30**



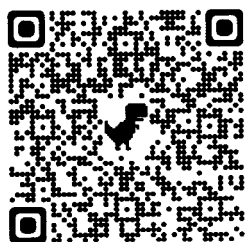
Age UK Leicester Shire & Rutland, Thorncroft,  
244 London Rd, Leicester, LE2 1RH



<https://www.ageuk.org.uk/leics/>

**Scan me with your camera for more information:**

**Memory Advice Service**



**Dementia Support Service**



